

CANNABIS EDUCATION TOOLKIT: CONNECTING RESEARCH TO PRACTICE IN

Canadian Students for Sensible Drug
DIVERSE SETTINGS
Policy

with the participation of:

I Matter. You Matter. We Matter.
HOPE. CULTURE. STRENGTH.



Disclosure Statement

| Disclosure of Relationship | Company/Organization(s) | If you think this might be perceived as biasing your presentation or a conflict of interest, identify how you will address this in your presentation. |
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| I have received honorarium, consulting fees, salary, royalty, grant-in-aid or other monetary support received from or expected from the company | Canopy Growth Corporation | The grant we received from Canopy was unrestricted and we utilized several methods to mitigate bias in the conception of the Toolkit. |

The Toolkit's Harm Reduction Methods



1. Start low and go slow
2. Consider appropriate time and place
3. Choose less risky cannabis products
4. Choose safer methods of cannabis consumption
5. Utilize safer smoking practices
6. Reduce the amount of cannabis used, and how frequently it is used
7. Avoid synthetic cannabis altogether
8. Avoid mixing cannabis with tobacco and alcohol
9. Don't drive high - have a plan for transportation before using cannabis
10. Consider your risk profile and avoid using cannabis if pregnant